

## LUNCH CATERING

### PARTY TRAYS

FEATURING A FINE SELECTION OF GOURMET DELI MEATS; ANGUS ROAST BEEF, SMOKED TURKEY BREAST, GENOA SALAMI, BAVARIAN & MAPLE HAMS. OHIO CHEESES INCLUDE: PROVOLONE, SWISS, SMOKED SWISS, SMOKED CHEDDAR. LETTUCE & TOMATO, SOURDOUGH BREAD, POTATO SALAD OR COLE SLAW, LOCAL KOSHER DILL PICKLES, MAYO, DIJON & HONEY MUSTARDS, PLATES, NAPKINS & UTENSILS ARE INCLUDED.....9.95/PERSON

### BOXED LUNCHES

YOUR CHOICE OF COLD SANDWICH FROM OUR MENU; CHOICE OF POTATO CHIPS, COLE SLAW OR POTATO SALAD; CANNED SODA, COOKIE & PICKLE. NAPKINS & UTENSILS ARE INCLUDED IN EACH BOX.....12.50/PERSON

### SALAD TRAYS

YOUR CHOICE OF GARDEN OR GREEK SALAD SERVED WITH OLIVES, HOMEMADE CROUTONS & YOUR CHOICE OF DRESSINGS. PLATES, NAPKINS & UTENSILS ARE INCLUDED.....5.95/PERSON  
ADD CHICKEN.....2.50/PERSON

## COFFEES

FAIR TRADE ORGANIC  
LOCALLY ROASTED

CIGARS  
WINE & BEER  
FOR TAKE OUT



ESTABLISHED 1996

**5345 CANAL RD  
VALLEY VIEW  
ON THE TOWPATH AT  
CANAL & GRANGER**

[WWW.GOURMANDSDELI.COM](http://WWW.GOURMANDSDELI.COM)

**216.328.0942**

**216.328.9211**

**FAX 216.328.0160**

**M-F 6:30-3PM**

DAILY SOUPS POSTED ON  
[FACEBOOK.COM/GOURMANDSDELI](https://www.facebook.com/gourmandsdeli)

**LIMITED DELIVERY  
AVAILABLE**

MENU 07.2015

## COFFEES & DRINKS

BY THE POUND .....14.99  
COFFEES.....2/2.50/2.75  
ESPRESSO.....1.25/ SINGLE SHOT  
CAPPUCCINO.....2.95/4.25/ ---  
LATTE.....3.25/3.75/4.25  
MOCHA.....3.95/4.50/4.95  
TRI-MOCHA.....5.95  
DEPTH CHARGE.....3.25/3.75/4.00  
HOT TEA/ ICED TEA.....1.95  
HOT CHOCOLATE.....2.50/2.95/3.50  
STEAMERS.....2.50/2.95/3.50  
CHAI LATTE.....3.25/3.95/4.95  
SHOT OF SYRUP......50  
JOE-TO GO (96 OZ BOX).....16.95  
FROZEN MOCHA.....5.50  
REAL FRUIT SMOOTHIES.....5.95  
FRESH SQUEEZED WHEATGRASS.....2.95  
PROTEIN BOOST.....1.00  
FOUNTAIN BEVERAGES.....1.95  
ASSORTED BOTTLED TEAS, JUICES,  
SODAS & WATERS ALSO AVAILABLE.....

## BREAKFAST & BAKERY

BREAKFAST CROISSANT.....6.50  
CHOICE OF SAUSAGE, BACON OR MAPLE HAM WITH SHARP  
WHITE CHEDDAR & EGG ON A TOASTED CROISSANT (OR  
BAGEL, TOAST OR IN A WRAP)  
BAGELS.....1.50  
CREAM CHEESE......50  
LOX.....3.00  
CAPERS......50  
BAGELS BY THE DOZEN.....19.50  
MUFFINS.....2.25 EA ....23.95/DZ  
ASSORTED BAKERY DOZEN.....20.00  
COOKIES.....1.25/EA 3/3.00 12.00/DZ  
CHOCOLATE CHIP, OATMEAL RAISIN, WHITE  
CHOCOLATE MACADAMIA NUT, PEANUT BUTTER  
CHOCOLATE CHUNK, CRANBERRY APPLE OATMEAL  
CRUNCH, & PECAN CARAMEL CHOCOLATE CHUNK

OUR BAKERY IS MADE FRESH DAILY, PLEASE CALL  
AHEAD FOR LARGE ORDERS. THANK YOU.

FRESH BAKED ARTISAN BREADS  
AVAILABLE FOR ORDER (24HR NOTICE)

SOURDOUGH (28 SLICES/LOAF).....7.95  
JEWISH RYE (20 SLICES/LOAF).....5.95  
MULTIGRAIN (12 SLICES/LOAF).....5.25

## SIDE ITEMS

ZUCCHINI FRIES.....5.50  
LIGHTLY BATTERED WITH RANCH DIPPING SAUCE  
POTATO CHIPPERS....HALF 2.50/ FULL 4.50  
KETTLE CHIPS FRIED TO ORDER & SEASONED, SERVED  
WITH RANCH DIPPING SAUCE  
FRENCH FRIES.....HALF 2.25/ FULL 3.95  
BEER BATTERED ONION RINGS  
.....HALF 2.25/ FULL 3.95  
TEXAS TOOTHPICKS.....4.50  
BATTERED ONION AND JALAPENO STRIPS  
BREADED MUSHROOMS.....4.50  
WITH RANCH DIPPING SAUCE  
MOZZARELLA STICKS.....4.50  
WITH MARINARA DIPPING SAUCE  
JALAPENO POPPERS.....4.95  
STUFFED WITH CHEDDAR OR CREAM CHEESE  
POTATO SALAD (8OZ).....2.50  
HOMEMADE COLE SLAW (8OZ).....1.95  
ASST. SNACK BAGS ALSO AVAILABLE.....  
DIRTY POTATO CHIPS, PRETZELS, ETC.

## SALADS & SOUPS

ALL SALADS INCLUDE HOMEMADE CROUTONS, KALAMATA  
OLIVES AND YOUR CHOICE OF DRESSING: HOUSE MISO,  
HOUSE ITALIAN, HOUSE RASPBERRY ALMOND, HOUSE  
BLUE CHEESE, HOUSE THOUSAND ISLAND, HOUSE  
BALSAMIC VINAIGRETTE, RANCH, POPPY SEED, GREEK,  
CAESAR, FRENCH, FAT FREE ITALIAN, FAT FREE HONEY  
DIJON, BALSAMIC VINEGAR & OIL...EXTRA DRESSING50/EA  
GARDEN SALAD  
SPRING MIX & ROMAINE LETTUCE, TOMATO, PORTOBELLO  
MUSHROOMS, MOZZARELLA & PROVOLONE CHEESE...8.95  
GREEK SALAD  
SPRING MIX & ROMAINE LETTUCE, CRUMBLLED FETA &  
KALAMATA OLIVES.....7.95  
SIDE SALAD WITH CUCUMBER & TOMATO.....4.95

ADD ROASTED CHICKEN BREAST.....2.50  
ADD 6 OZ. TUNA STEAK.....7.95  
ADD CHICKEN SALAD/TUNA SALAD.. 2.95

PICK 6 SALADS (SEE MENU INSERT)  
SMALL.....6.95 LARGE.....8.95  
1/2 SANDWICH & SIDE SALAD.....9.95

SOUP OF THE DAY (MADE IN HOUSE)  
8 OZ. CUP.....3.95  
16 OZ. BOWL.....5.95  
HOMEMADE SOUP WITH YOUR CHOICE OF HALF A  
SANDWICH OR SIDE SALAD  
8 OZ. CUP COMBO.....8.95  
16 OZ. BOWL COMBO.....10.95

## EXTRAS

EXTRA SAUCE ON THE SIDE......50  
CHEESE......95  
BACON......50/SLICE  
LETTUCE, TOMATO, ONION, ETC.....25/EA  
AVOCADO OR HUMMUS......95  
BREAD...50/PC FOCACCIA...1.50/PC

## POULTRY

### OLD SMOKEY

SMOKED TURKEY, SMOKED SWISS, LETTUCE, TOMATO & MAYO ON SOURDOUGH.....7.95

### TURKEY CLUB

SMOKED TURKEY, BACON, LETTUCE, TOMATO & MAYO SERVED HOT ON FOCACCIA BREAD.....8.50

### CHICKEN CLUB

GOLDEN BATTERED CHICKEN BREAST, BACON, LETTUCE, TOMATO, MONTEREY JACK & RANCH DRESSING ON A TOASTED CROISSANT.....9.50

### CHICKEN PARM

GOLDEN BATTERED CHICKEN BREAST, MARINARA & PROVOLONE ON A TOASTED HOAGIE.....8.50

### CAJUN CHICKEN

ROASTED CHICKEN BREAST, BACON, MONTEREY JACK & CAJUN MAYO SERVED HOT ON TOASTED MULTIGRAIN..7.95

### CHICKEN & CHEESES

ROASTED CHICKEN BREAST, BACON, SHARP WHITE CHEDDAR, PROVOLONE & BBQ SAUCE SERVED HOT ON TOASTED SOURDOUGH.....7.95

### CHICKEN SALAD SANDWICH

HOMEMADE WITH ROASTED CHICKEN BREAST, LETTUCE & TOMATO ON A CROISSANT.....8.95

### CHICKEN BAGEL

ROASTED CHICKEN BREAST, PROVOLONE & BBQ OR TERIYAKI SAUCE SERVED HOT ON A BAGEL.....6.95

### PULLED TURKEY

OVEN ROASTED TURKEY OFF THE BONE, SERVED HOT WITH PROVOLONE, GARLIC MAYO, LETTUCE & ONION ON TOASTED SOURDOUGH.....9.50

### BUFFALO BILL

GOLDEN BATTERED CHICKEN BREAST, BACON, BUFFALO SAUCE, LETTUCE, TOMATO & BLUE CHEESE DRESSING ON A TOASTED KAISER.....9.50

### HAWAII FIVE-OH

SMOKED TURKEY, PEPPER JACK, PINEAPPLE CHUTNEY, BACON, COLESLAW & MAUI SWEET ONION POTATO CHIPS SERVED HOT ON TOASTED SOURDOUGH.....9.50

### MANDALICIOUS

SMOKED TURKEY, BLUE CHEESE DRESSING, THOUSAND ISLAND, PROVOLONE & COLESLAW SERVED HOT ON TOASTED FOCACCIA.....8.50

### SKINNY WRAP

SMOKED TURKEY, PROVOLONE, LETTUCE, TOMATO, ONION, SPROUTS, PEPPER RINGS & MAYO IN A ROASTED RED PEPPER WRAP.....8.95

### FAJITA WRAP

ROASTED CHICKEN BREAST STRIPS, ROASTED ONIONS & RED PEPPERS, MONTEREY JACK CHEESE & CILANTRO LIME SAUCE IN A TOASTED FLOUR TORTILLA.....8.50

### THE GOBBLER

PULLED TURKEY, ROASTED ONIONS & GREEN PEPPERS, PROVOLONE & GIARDINERA ON A TOASTED HOAGIE WITH CHICKEN STOCK DIPPING SAUCE.....9.50

## BEEF

### BEEFEATER

ROAST BEEF, PASTRAMI, SHARP WHITE CHEDDAR & HORSIE SAUCE SERVED HOT ON TOASTED FOCACCIA..9.50

### THE MAD COW

ROAST BEEF, SHARP WHITE CHEDDAR, LETTUCE, TOMATO & MAYO OR HORSIE SAUCE ON SOURDOUGH.....8.50

### TRIPLE “B” MELT

ROAST BEEF, BACON, BBQ, PROVOLONE & ROASTED ONIONS SERVED HOT ON TOASTED SOURDOUGH.....9.50

### THE PHILLY

ROAST BEEF, ROASTED ONIONS, PORTOBELLO MUSHROOMS & RED PEPPERS, PROVOLONE & PARMESAN MAYO SERVED HOT ON TOASTED SOURDOUGH.....9.50

### PAISANO

PASTRAMI, SALAMI, PEPPER JACK & CREAMY ITALIAN DRESSING SERVED HOT ON TOASTED FOCACCIA.....8.50

### NO PHONEY BALONEY

ALL BEEF BOLOGNA CUT THICK & GRILLED WITH SMOKED CHEDDAR, ROASTED ONIONS & DIJON ON TOASTED FOCACCIA.....8.50

### CORNED BEEF

TRIMMED & SHAVED DAILY & SERVED HOT ON JEWISH RYE WITH YOUR CHOICE OF DIJON, YELLOW MUSTARD OR HORSERADISH.....9.95  
JUMBO CORNED BEEF.....13.95.....ADD CHEESE...95

### THE REUBEN

CORNED BEEF, SAUERKRAUT, SWISS CHEESE & THOUSAND ISLAND DRESSING SERVED HOT ON TOASTED JEWISH RYE.....10.95

### POLISH STEAK

ALL BEEF POLISH SAUSAGE CUT & GRILLED, PROVOLONE, ROASTED ONIONS & HONEY MUSTARD ON TOASTED SOURDOUGH.....7.50

### CHICAGO SQUEALER

1/4 LB. ALL BEEF HOT DOG, DEEP FRIED AND SERVED WITH YOUR FAVORITE TOPPINGS.....5.50  
.....ADD CHILI OR CHEESE .95.....

### HALF POUND BURGER

ALL BEEF PATTY TOPPED JUST THE WAY YOU LIKE IT ON A TOASTED KAISER.....8.50  
.....ADD BACON .95.....

### GYRO

SEASONED LAMB & BEEF WITH ONIONS, TOMATOES & HOMEMADE CUCUMBER SAUCE IN A WARM PITA.....7.50

### THE FAMILY JEWELS

HOMEMADE MEATBALLS, MARINARA & PROVOLONE ON A TOASTED HOAGIE.....9.50

### CHICAGO BEEF

HOT SHAVED ROAST BEEF IN AU JUS ON A TOASTED HOAGIE WITH PROVOLONE, ROASTED ONIONS, GREEN PEPPERS & SPICY GIARDINERA.....9.95

## PORK

### SMOKEHOUSE PORK CUTLET

CRISPY BREADED CUTLET WITH SMOKED CHEDDAR, BACON, ROASTED ONIONS & PEPPERCORN RANCH ON A TOASTED KAISER.....8.50

### THE WHOLE HOG

MAPLE & BAVARIAN HAM WITH HONEY MUSTARD ON FRESH SOURDOUGH.....6.50  
.....ADD CHEESE .95.....

### PULLED PORK

CHARCOAL ROASTED PORK, PROVOLONE & BBQ SAUCE ON TOASTED FOCACCIA.....9.50

### BLT

THREE LAYERS OF TOASTED SOURDOUGH WITH BACON, LETTUCE, TOMATO & MAYO.....7.50

### SMALL BLT

TWO SLICES OF SOURDOUGH TOAST WITH BACON, LETTUCE, TOMATO & MAYO.....6.50

### ALL ITALIAN

GENOA SALAMI, CAPPICOLA, PROSCIUTTO, PROVOLONE CHEESE & CREAMY ITALIAN DRESSING ON TOASTED SOURDOUGH.....7.50

### THE U-BOAT

THE ULTIMATE SUB SANDWICH WITH BAVARIAN HAM, SMOKED TURKEY, GENOA SALAMI, ALL BEEF BOLOGNA, MONTEREY JACK CHEESE, LETTUCE, TOMATO, PEPPER RINGS & ITALIAN DRESSING ON A HOAGIE.....8.95

### THE DAGWOOD

BAVARIAN HAM, SMOKED TURKEY, ROAST BEEF, SWISS CHEESE, LETTUCE, TOMATO & DIJON MUSTARD SERVED COLD ON A CROISSANT.....9.50

### MY-THAI

CRISPY BACON & SPICY PEANUT BUTTER ON TOASTED JEWISH RYE.....6.50

### ITALIAN SAUSAGE

MILD ITALIAN SAUSAGE, ROASTED RED PEPPERS & ONIONS, PROVOLONE CHEESE & MARINARA ON A TOASTED HOAGIE.....8.50

### BUENO PUERCO

HOT CHARCOAL ROASTED PORK, HOMEMADE CUBANO SAUCE, MONTEREY JACK, LETTUCE, TOMATO & ONIONS ON A TOASTED HOAGIE.....9.50

### ITALIAN WRAP

GENOA SALAMI, PROSCIUTTO, PEPPER JACK CHEESE, LETTUCE, TOMATO, PEPPER RINGS & PARMESAN PEPPERCORN RANCH DRESSING IN A ROASTED RED PEPPER WRAP.....8.50

### DON’T FORGET BREAKFAST SANDWICHES SERVED ALL DAY!!!

CHOOSE FROM SAUSAGE, BACON OR MAPLE HAM WITH EGG & SHARP WHITE CHEDDAR CHEESE ON A TOASTED CROISSANT, TOAST, BAGEL OR WRAP.....6.50

## FISH

### SHRIMP PO BOY

BEER BATTERED SHRIMP ON A TOASTED HOAGIE WITH LETTUCE, TOMATO, HOMEMADE TARTAR SAUCE & HOT SAUCE TO BRING OUT THE BAYOU HEAT.....7.95

### CAJUN REDFISH

MILDLY SPICY BREADED FILLETS OF OCEAN PERCH WITH CAJUN MAYO & HOMEMADE COLE SLAW ON TOASTED MULTIGRAIN.....8.95

### TUNA STEAK

SUSHI GRADE AHI TUNA STEAK ROASTED WITH CAJUN SEASONINGS SERVED WITH ROASTED ONIONS, HOMEMADE COLE SLAW & PESTO ON TOASTED SOURDOUGH.....10.50

### FLIPPER’S REVENGE

OUR OWN SECRET TUNA FISH SALAD RECIPE SERVED WITH LETTUCE & TOMATO ON MULTIGRAIN.....7.95

## VEGETARIAN

### THE GOURMAND

ROASTED ZUCCHINI, PORTOBELLO MUSHROOMS, ONIONS & RED PEPPERS, MELTED PROVOLONE & GOURMAND SAUCE SERVED HOT ON TOASTED FOCACCIA .....7.95

### THE BIG CHEESE

MELTED SMOKED CHEDDAR, PROVOLONE & MONTEREY JACK CHEESES ON TOASTED FOCACCIA.....5.95

### BLACK BEAN BURGER

MILDLY SPICY BLACK BEAN VEGGIE BURGER, PEPPER JACK CHEESE, LETTUCE & TOMATO WITH YOUR CHOICE OF DIJON MUSTARD OR SALSA & SOUR CREAM ON TOASTED SOURDOUGH.....7.95

### THE BLUE SHROOM

GRILLED PORTOBELLO MUSHROOM CAP, ROASTED ONIONS & LETTUCE TOPPED WITH BLUE CHEESE & SUN DRIED TOMATO PESTO ON TOASTED MULTIGRAIN.....7.95

### THE V-8

FRESH CUCUMBERS, PORTOBELLO MUSHROOMS, RED PEPPERS, ONIONS, ALFALFA SPROUTS, PEPPER RINGS, LETTUCE, TOMATO & SUN DRIED TOMATO PESTO ON MULTIGRAIN.....7.95

### VEG-O-MATIC

ROASTED ZUCCHINI, PORTOBELLO MUSHROOMS & ONIONS WITH GREEK DRESSING AND CRUMBLLED FETA CHEESE ON FRESH SOURDOUGH.....7.95

### BLACK BEAN BURRITO

MILDLY SPICY BLACK BEAN MIX WITH CORN, RED PEPPERS, RED ONIONS & CILANTRO WITH MONTEREY JACK CHEESE, LETTUCE, TOMATO, SALSA & SOUR CREAM WRAPPED IN A WARM FLOUR TORTILLA.....7.95

## PICK 6 SALADS

YOUR CHOICE OF LETTUCES & DRESSING WITH 6  
ADDITIONAL TOPPINGS MADE FRESH IN 2 SIZES!

PLEASE CIRCLE YOUR SELECTIONS

### CHOOSE SIZE:

SMALL 6.95      LARGE 8.95

### CHOOSE LETTUCES:

CHOPPED ROMAINE  
SPRING MIX  
BABY SPINACH

### CHOOSE 6 TOPPINGS:

#### CHEESES:

SHREDDED MOZZARELLA/PROVOLONE  
GRATED ROMANO FETA CRUMBLED BLEU

#### VEGGIES,FRUITS,NUTS, ETC

RED ONION	PISTACHIOS
TOMATO	SUNFLOWER SEEDS
MUSHROOMS	ROASTED PECANS
CUCUMBERS	SLIVERED ALMONDS
RED PEPPERS	DRIED CHERRIES
CHIC PEAS	MANDARIN ORANGES
PEPPER RINGS	RAISINS
GREEN PEAS	FRIED ONIONS
BEETS	CHOW MEIN NOODLES
PEPPERONCINIS	CROUTONS
KALAMATA OLIVES	BACON BITS

### CHOOSE DRESSING:

HOUSE MISO VINAIGRETTE  
HOUSE ITALIAN  
BALSAMIC VINAIGRETTE  
GREEK  
CAESAR  
RASPBERRY ALMOND  
BUTTERMILK RANCH  
BLEU CHEESE  
THOUSAND ISLAND  
POPPY SEED  
FAT FREE HONEY DIJON  
FAT FREE ITALIAN  
FRENCH  
BALSAMIC VINEGAR & OIL

### CHOOSE EXTRAS:

ROASTED CHICKEN BREAST...2.50  
TUNA STEAK...7.95  
TUNA OR CHICKEN SALAD...2.95  
AVOCADO OR HUMMUS...95

NAME: \_\_\_\_\_  
CIRCLE: HERE GO P.U. \_\_\_\_\_

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